

PUREAQUA

R.O. Water Filling Station Here

**99¢**
/fill**The Healthy Cupboard****The Gourmet Restaurant**旅
興
酒
家Lunch Buffet \$8, Dinner \$11.50
Fully Licensed - Open 7 days

405 MAIN ST., PORT COLBORNE 905-834-6683

WeatherFew see a wonderland in this winter
Page 5**Announcement**Fort Erie Racetrack alive for another year
Page 8

THURSDAY, FEBRUARY 13, 2014

ResearchStudying dogs, kids and empathy
Page 18Mon.-Wed. 9:30-6:00
Thurs. & Fri. 9:30-7:00
Saturday 9:30-5:00**EXPERIENCE MEANS
A GREAT DEAL!****OVER 25 YEARS
AUTOMOTIVE
EXPERIENCE!****IMPORT NEWS**

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS

For news updated daily see www.inportnews.ca**■ 24-HOUR CHALLENGE:** Niagarans behind Internet stunts that require shivers, suds and skivvies**Cold beer videos create buzz**

MARYANNIE FIRTH / QMI AGENCY NIAGARA

Mark Lucas, creator of the 24-Hour Challenge Facebook page, and Heather Lavigne, organizer of the 24-Hour Challenge for Matt Risi, are hoping to see hundreds of people at Port Robinson Park on Feb. 17 for a massive game of dodgeball. Participants are asked to play in their underwear or bathing suits.

MARYANNIE FIRTH
QMI Agency Niagara

It just snowshoaled.

When Mark Lucas created the 24-Hour Challenge Facebook page a week ago, he had no idea how quickly its popularity would grow — or how far it would spread.

In those few days, the challenge has stretched across the country with videos of Canadians from nearly every province participating.

The concept of the challenge, created by a group of friends from Niagara Falls and Thorold, is simple.

As a means of defying winter, Canucks are asked to film themselves outside in their under-

wear or bathing suit performing a stunt or activity of their choice.

They're asked to celebrate completion of the stunt by chugging a beer or other beverage. Then they have to make three nominations of their own, giving nominees 24 hours to complete the challenge.

"It's a spin-offshot from other challenges around the world," Lucas said.

"But this is the Canadian version."

He believes Niagarans should take pride in knowing the craze, which could spread worldwide the way it is going, began in the region.

See 24-HOUR | Page 2

**Penny Bagu**

Sales Representative

DIRECT: 289-821-1196
OFFICE 905-834-9000**ROYALLEPAGE**

Niagara Real Estate Centre

Helping you is what we do.

January 14, 2014

Dear Penny Bagu,

Congratulations on winning the "President's Gold" Award given to you in the top 10% of the residential market.

An outstanding accomplishment!

Your continued success is important to us and I really appreciate your loyalty and respect. You have always gone above

and beyond for our company and our industry and I am very proud to have you on our team.

All the best for continued success in 2014!

Sincerely yours,

Penny Bagu
President/Broker**CONGRATULATIONS!****ROYALLEPAGE**
Niagara Real Estate Centre, Brokerage

1309 AUGUSTINE RD., WIMBLETON
Watch the sunsets from this nicely renovated Lakeside home on Augustine Beach. 3 + 1 bedrooms, 2 baths, new kitchen with stainless steel appliances, open concept living room, sunroom and rear deck. Large fenced back yard. If you want to live in this area, Heating costs approx \$1000/mo. plus, please wear a sweater \$800/300/900.

LOCAL NEWS

■ 24-HOUR CHALLENGE: Warning issued at the risk of being 'killjoys'

Health officials not sold

MARYANNE FIRTH
QMI Agency Niagara

It may be all in good fun, but some concerns have been raised about the 24-Hour Challenge that has been sweeping the nation.

Created by a group of friends from Niagara Falls and Thorold, it asks Canadians to film themselves outside in their underwear or bathing suit performing a stunt or activity of their choice. They're asked to celebrate completing the stunt by sharing a beer or other

beverage.

The video is then posted to the 24-Hour Challenge Facebook page.

"We have to say — this is not a good thing," Bill Hunter said in reaction to news of the challenge.

The Niagara Region manager of environmental health said it "only takes a drop of one or two degrees in body temperature to cause compartment syndrome."

Anyone with a pre-existing health condition who might participate in the challenge

should first consult a family physician, he said.

"If you're still going to go ahead with it, really limit the time you've been outside as much as possible."

Hunter recommended having blankets and hot drinks, preferably without caffeine, on hand and discouraged consuming alcohol before after.

"Your body's a lot smarter than you think. It sends a message to you," he said.

That tingling in your fingers and cold feeling on the end of your nose is a warning to find

shelter, he said, but "alcohol can reduce your recognition of those symptoms."

"Our advice in the winter is to put on your clothes on, not to take them off."

The creator of the Facebook page, Mark Lucas, has been quick to stress the challenge is not meant to impede anyone's safety.

"We want to send the right message. We don't want to see anyone get hurt."

"It's just fun," said the 34-year-old Thorold resident.

Lucas said he did see one "shocking" video on the

Facebook page that included a man swimming underneath ice in freezing-cold water from one hole to another.

"That could've been really

wrong, really fast!" Lucas

said, adding the stunts chosen should not put anyone's safety at risk.

"Doing a snow angel for 10 seconds is good enough for me," he said. "We don't want to see anyone get hurt."

"The idea is that it does encourage participants to have a beer afterward, Lucas said its creators do not condone under-age or binge

drinking. "Friendly competition can be fun, but when we subject ourselves and others to situations where someone can get seriously injured it is a concern," said Niagara Regional Police Const. Derek Watson.

"It comes down to drinking responsibly and making smart decisions that will keep you from landing in jail or a hospital bed."

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune

■ 24-HOUR

Cold-weather stunt has created worldwide buzz

Continued from Page 1

Some of the videos posted thus far include nominees walking a dog, shovelling a driveway or even pumping gas in their glitch, said the 34-year-old Thorold resident, a self-proclaimed "big kid at heart."

Some videos feature raw footage while others have been edited to include music and special effects.

"We had no idea what this would turn into. It has just blown up," he said with a laugh.

In the week since its inception, several hundred videos have been posted on the page, which has more than 8,000 members.

"It has really gathered momentum," Lucas said.

"It's all about saying, 'forget the polar vortex. We're Canadian. We're not afraid of the cold.'

With the perfect storm of social media and winter boredom continuing to draw attention, it was decided the challenge should be used to help someone locally, Lucas said.

Heather Lavigne is one of a group of people who have

We had no idea what this would turn into, it has just blown up.

Mark Lucas

planned a large-scale challenge — a dodgeball game on Feb. 14, Feb. 17, in support of fellow Thorold native Matt Risi.

The 26-year-old is undergoing treatment in the U.S. for Lyme disease at an estimated cost of \$80,000. The fundraiser will assist with Risi's medical bills.

"I think he doesn't know Risi, she thought he would be fitting that a challenge created in Thorold assisted a Thorold resident.

The 24-Hour Challenge for Matt Risi will have participants play dodgeball in their "challenge gear," otherwise known as underwear or bathing suits.

The game is set for Port Robinson Park, on River St. at 3 p.m.

After some fun in the

snow, the group will head to Steve Nic's Bar and Grill, 10 River St., where there will be prizes raffled off in support of the cause. The bar has agreed to donate 10% of the day's earnings to Risi, Lavigne said.

"So far, we've had about 170 people," she said, unsure of how many will brave the cold for a round of play.

Organizers are seeking prize donations to assist the cause, and monetary donations can be made to Risi online at www.youcarving.com/medical-fundraiser/matt-risi-war-on-chronic-lyme-disease/118917/donate#top.

To donate a prize, contact Lavigne at matris124hour@hotmail.com.

Risi's family has raised about \$18,000 of the roughly \$80,000 needed for treatment, Lavigne said.

"I just want to let people know that every little bit helps."

For more information on the 24-Hour Challenge, visit www.facebook.com/groups/226228057501164/.

maryanne.firth@sunmedia.ca



MARYANNE FIRTH/QMI AGENCY NIAGARA

Mark Lucas, creator of the 24-Hour Challenge Facebook page, and Heather Lavigne, organizer of the 24-Hour Challenge for Matt Risi, are hoping to see hundreds of people at Port Robinson Park on Feb. 17 for a massive game of dodgeball. Participants are asked to play in their underwear or bathing suits.

LOCAL NEWS

MINOR SPORTS: New \$12 program mandatory for every family with a child registered

Hockey parents go to school

SHAWN JEFFORDS
QMI Agency

Go into any arena with a minor hockey game and chances are, Sam Steinbach says, you'll eventually see a parent say or do something they shouldn't.

"It's almost more exciting to watch some of the parents than it is the game," says Steinbachs of Niagara Falls, who has a seven-year-old son in a house league.

It's why Steinbachs isn't bothered by a new mandatory training program being rolled out by Ontario Minor Hockey Association, requiring one parent or guardian of every player to complete a Respect in Sport online course.

"I don't think the courses are going to make a huge difference. I still think you're going to have the problem, but it will give some people a little reflection on how to act in this arena," he said.

The online course, which costs \$12 plus tax to complete, is a one-time certification tool that's supposed to encourage positive behaviour. But its implementation hasn't gone over well with everyone.

An Oakville dad says Ontario's largest minor hockey organization is punishing good parents while not dealing with the hoolligans who go overboard at the rink.

Judd Langley, who has two children playing the game, said the OMHA alerted parents last week to the rollout of the man-

datory Respect in Hockey program.

At least one parent must view the one-hour-long program by Aug. 31 or their child will not be added to a league roster.

"It seems to me they're punishing everyone for a very small minority of parents they aren't going to reach anyway," he said.

"I don't think a parent who is a problem sees themselves as a problem. A course isn't going to stop them."

Langley said he thinks the

program, delivered by the Respect Group co-founded by former National Hockey League player and abuse survivor Sheldon Kennedy, is "well-meaning" but doesn't address the need to remove problem parents.

"It's not going to fix everything. It never will. Inevitably, whether it's a coach or a parent acts like a fool, what are they going to do next? Are they going to ban parents from watching?"

The fee also concerns Langley, who said costs are already substantial for equipment and registration.

Garden City Minor Hockey Association president Steve Secord said he's just starting to get feedback from parents about the requirement.

"Most people see it as a cash grab," he said, adding \$12 from every family in Ontario is a lot of money.

But Secord said it's a one-time deal and sets the association know all players' parents and guardians have been warned about their behaviour.

"It takes a little bit of the lia-

bility off of the associations when it comes to disciplining parents."

Secord said there are about 1,800 children in St. Catharines playing minor hockey. Most parents are well behaved, he said.

"We're not bad to be honest. On a scale of one to 10, I'd put St. Catharines at eight," he said. "We've had our few we have to discipline internally."

The OMHA made the initiative at its annual general meeting in July 2013 and has spent the past year slowly rolling it out. The course is already mandatory in Alberta, all Atlantic provinces and parts of Saskatchewan and British Columbia.

Kevin Hamilton, manager of development programs for the OMHA, acknowledges the course requires a significant investment, but the association thinks it can help change the culture of the game.

You've seen the types of behaviours people can exhibit when they get into the arena," Hamilton said. "That's from folks who are generally reasonable people outside of the rink and when they get into the arena, our parents are good. We're hoping to make them better and give them more tools to help. We're hopeful it will set a higher expectation of what our standards are in our game."

Hamilton said the course helps good parents gain the ability to stand up to problem parents.

"We're hoping also, people are going to feel empowered, not only the ones who don't



QMI AGENCY NIAGARA FILE PHOTO

Minor hockey players compete, in this file photo.

need the message but the people who do need the message," he said.

Wayne McNeil, who co-founded the for-profit Ontario Growth Group, said the program isn't designed to remove or punish problem parents.

"We'll never deal with the problem parents," he says. "Our approach is if we make every parent better, the problem parents will have less of a say and they may be quelled much sooner by all the other good parents who now have the knowledge."

McNeil says the course also covers topics like long-term player development, parental expectations of their

child, hazing, bullying and concussions. He likens it to "Sport Parenting 101," as opposed to a licensing school.

There was negative feedback when the program launched in other provinces, McNeil says, but it diminished after parents took the course.

Hamilton said the OMHA has not decided what it will do if parents refuse to take the course. But he thinks the program, like all change, will take time to accept.

—With files from Karena Walter

shawn.jeffords@sunmedia.ca

THEATRE

Music Man in Port

Port Colborne Operatic Society is closer to presenting The Music Man.

The show dates for 2014 are Feb. 15 at 7:30 p.m., Feb. 16 at 2 p.m., Feb. 22 at 7:30 p.m., Feb. 23 at 2 p.m., Feb. 28 at 7:30 p.m., March 1 at 7:30 p.m., March 2 at 2 p.m.

Opening night will include a meet-and-greet with the cast.

Tickets are on sale Monday to Friday 9 a.m. to 4:30 p.m. (closed from

noon until 1 p.m.), Saturdays, Feb. 8, 15, 22 and March 1 from 10 a.m. to 2 p.m.

Tickets can be purchased by telephone at 905-834-7572 or at the Rosedown Box Office at 296 Fielden Ave.

Pricing is \$20 and the option of gift certificates are available.

The society has been doing an annual production since 1945, typi-

cally with more than 70 performers on stage and more than 50 people behind the scenes.

All proceeds over production costs go to scholarships and charities.

Rehearsals are Wednesday evenings and Sunday afternoons at its 600-seat theatre located at Lakeshore Catholic High School auditorium.

21st Annual Niagara Winter Psychic Fair

Psychic Readers... Mediums... Clairvoyants Free Lectures... Hourly Draws... & More Don't Miss This Special Psychic Event!

Holiday Inn & Suites

327 Ontario St., St. Catharines, ON (From GEW, Exit 47, Right on Ontario St.)

February 14, 15, 16

Fri 10-9 Sat 10-9 Sun 10-1

**Reserve Admission: \$10
12 & Under \$5 with Adult**

\$3 off with this ad

Details at: Fospchicfair.com

Can be used for up to 4 persons

Published by Import News

Sun Media Corp.

228 East Main Street, Welland, Ontario, L3B 5P5
Tel: 905-732-2414 Fax: 905-732-3660

import.news@sunmedia.ca

John Tobon, publisher, print & digital

Melissa Mangelson, Import News senior reporter



■ readers' views

DON'T BUILD TURBINES HERE

Put wind turbines where they won't affect property values. Rankin Construction's wind energy division doesn't have the right to own land or own turbines because of a struggling economy in the Niagara region. The banks and lenders from Toronto already have had a bad opinion of low land values here, and we pay for it. To add wind turbines to the skylines after complete studies have been done about loss of home equity is morally and corporately irresponsible. The 2012 study by Landsink Appraisals and Consulting shows a multitude of property assessments across Ontario before and after wind turbine installation. It shows deviation between 9% and 56%. Even if this only affects 20 or 30 families, it has the potential to cause economic expansion in the area for the long term. There's an oil bylaw, the good neighbour fence bylaw, that states a back-fence can be any height as long as the parties involved agree to it. If any one party doesn't agree to the super size, the fence cannot be built. I'm still waiting for Tom Rankin to ask if he can put a wind turbine the same size as a Boeing 747 jumbo jet in my backyard.

TODD HARRIS
WAINFLEET

SUPPORTING A LOCAL BUSINESS

The new proposal by Call2Recycle in the recycling of steel batteries is a great idea for the operation of Raw Materials Co. in Port Colborne. We appreciate that Waste Diversion Ontario's mandate requires them to review any plan submitted by an industry group wanting to take direct responsibility for recycling its products. Call2Recycle, an organization sponsored by major battery companies, is requesting WDO to manage battery collections and choose the recycling processor. There are legitimate concerns that Call2Recycle would choose an American where much of the reprocessed material ends up as slag. Raw Materials Co. wants to use the slag to produce high-value, low-value re-usable materials such as steel and fertilizer while the remaining paper and plastic is sent to a New York State "energy from waste facility." For some to suggest creating slag is "as good or better" than Raw Materials Co.'s high value recycling byproducts of steel and fertilizer is hard to comprehend. Raw Materials Co. has recycled batteries for 20 years and since 2011 has invested \$3 million into recycling technology. This company has developed a successful world-class operation meeting high provincial recycling standards and is currently in Phase 2 of its plan. The possible loss of 47 jobs is a consequence our economically depressed community can ill afford. Why is Waste Diversion Ontario is even considering the proposal at this time when the provincial government's Waste Reduction Act addressing new, progressive standards is currently at second reading. Would it not be prudent to wait until the new legislation is in place before continuing with further review of the proposal?

JOHN MALONEY, PRESIDENT
PORT COLBORNE-WAINFLEET CHAMBER OF COMMERCE

Would you boycott the Olympics?

TROY WATSON
Special to The Standard

Earlier this week, a video of violent attacks against the lesbian, gay, bisexual and transgender community in Russia was made public through social media sites.

These human rights violations are very relevant to those of us who work in politics and legislation of the government and police only empower these criminals.

There have been calls to boycott the winter Olympics in Sochi since Russia's anti-homosexuality laws made news. This recent video is only adding fuel to the Olympic fire.

There are a lot of good reasons to be critical of the Olympics.

The politics, environmental and social costs, the adolescent athletes deprived of a "real" childhood, the rampant commercialization, corporate sponsorship and advertising, the contrived sentimental back-stories produced by network drama machines, the mindless nationalism, alleged corruption, bribes and scandals, the multimillionaire sports stars competing in an event originally designed for amateurs – just to name a few.

Yet there are a lot of reasons to celebrate the Olympics.

What other event brings citizens of countries together more than the

Olympic games, especially nations that are divided and in turmoil?

Is there anything more unifying than the panache of nations during the opening ceremonies, where countries of the world march in together? More than 200 countries and 8800 nations will participate in the 2014 winter games and 204 nations participated in the 2012 summer games (London).

The spirit of inclusiveness, hope and inspiration and the dedication of the athletes striving for excellence, not to mention some of the most spectacular hockey to ever be played. These are just a few of the reasons to celebrate the Olympic games.

As a former President, founder of modern Olympic Games, said, "May joy and good fellowship reign, and in this manner, may the Olympic Torch pursue its way through ages, increasing friendly understanding among nations, for the good of a humanity always more enthusiastic, more courageous and more pure."

There are a lot of things about the current state of the Olympics that seem to have lost their original meaning and spirit. But how many organizations and groups in the world are also represented in this meet?

Consider the Church. There is so much wrong with the Church, but this does not diminish the original spirit and mission of the Church – "to love God, to love your fellow human beings as yourself and to empower others to do the same."

In spite of all the Church's problems, millions of people around the world are blessed by the generosity and love of Christians and Christian organizations everyday.

The imperfect state of the modern Olympic games is another story.

The essence and heart of who we are are the behaviours and indications that do not match the spirit of who we really are or the purpose for which we were created.

I empathize with the call to boycott the Olympics but consider this – how much more attention will the injustice against LGBT people receive in Sochi than Paris received because of Sochi hosting the Winter Games? How many athletes will take this opportunity to proclaim justice peace and love for all and stand in solidarity with their LGBT brothers and sisters?

I have hope the Sochi winter games will yield another boundary breaking and politically provocative friend ship like the one between Jesse Owens and Luz Long in Berlin in Berlin Games under Hitler's regime in 1936.

I will watch the Winter Games this year

with hope and faith in humanity and in the God who dwells within and among us.

Troy Watson is the Spiritual Life Director of Quest Christian Community, an alternative church in downtown St. Catharines.

What Sochi needs is a gay Jesse Owens

I appear my immune system is depleted with antibodies to protect me from the 2014 strain of Olympics fever.

For those unfamiliar with this condition, symptoms include excessive television watching, irrational partisanship, a sudden and deep interest in arcane sports and an irresistible compulsion to measure time in tenths of a second.

Once infected, the body will exhibit symptoms for about three weeks, followed by a period of malaise characterized by repeated watching of highlight footage on YouTube.

I'm not a huge Olympic watcher, preferring the Summer Games and then mostly to watch the track events and boxing. Still, they are a truly amazing display of human achievement.

Having grown up in Calgary when they hosted the 1988 Winter Games, I still get tingles of excitement when the Olympics begin.

Except this year.

I couldn't understand it at first. Sure, I thought the opening ceremonies were completely ridiculous, but they have been getting increasingly surreal for ages now. I'll rant about them, but it's never enough to turn me off the Games completely. In this case, however, the reflection, I think I have turned off my resistance to all things Winter Games spawned from.

Russia.

I just do not like Russia. Specifically, I find Russian politics leaves such an awful taste in my mouth that it

feels like I've eaten stale haggis smothered in blue cheese that had been left to rot in the sun.

In particular, the whole anti-homosexual bridle that country and its Bondville-esque leader has been on for a while is extraordinarily disconcerting.

The Kremlin appears to have looked at countries in Africa, like Uganda, that arrest and sometimes kill gay citizens for the imaginary crime of being gay and thought, "Let's persecute our Russia!"

While the world was watching the opening ceremonies in Sochi, pro-gay protesters in St. Petersburg were getting the business end of police truncheons, because public support of homosexuals is illegal.

It is so bad, Canadian Olympic swimming legend Mark Tewksbury, who is gay, said he was told by gay men in winter Olympic training that they were targets of homophobia in Russia.

Then there were the stories of people being driven from their homes to make way for the still unfinished Russian Olympic facilities, the appalling mass killing of stray animals and the apparent arrests and beating of immigrants who had been brought in to build said unfinished facilities after they were no longer needed.

The final thing of the bonding issue of potential Islamic terrorism and the hotels for foreign visitors that redefine the term "feag."

(One journalist Tweeted that she was warned by hotel staff not to wash her face with water from the taps because it "con-

tained something very dangerous")

Now, it's true that every Olympics has scandals. The Games in my beloved Calgary had a ticket scandal. The Atlanta Summer Games had acute transportation problems. The Berlin Olympics had Hitler.

So you know, no country is perfect.

Still, Russia's insanely bigoted politics have turned me off the whole thing and makes me wish something, anything, could be done about it.

It's not like the Olympics are spiritual for a reason. They were conceived in ancient Greece as a way for city states to come together for something positive that did not involve, you know, epic bloodshed.

So political protests are forbidden. Even something as benign as the black power salutes of the 1968 Games in Mexico resulted in athletes being expelled from the Olympics.

And we know boycotts never succeed in changing the policies of the host nation, so that was never an option.

Maybe all we can hope for in Sochi is a guy equivalent of African-American sprinter Jesse Owens.

Owens famously competed in the Berlin Games when the whole Nazi "superior race" thing was in full swing. Owens didn't protest. He didn't fuss. He just went out on the track and ran his race. Competition and in doing so proved the Nazis ethno to be nothing but bigoted stupidity.

Maybe if such an athlete exists, I might catch Olympic fever again.

grant.lafieche@sunmedia.ca

LOCAL NEWS

WEATHER

Few see a wonderland in this winter

DON FRASER

QMI Agency Niagara

Kathy Belicki was catching a case of "winter-fluenza."

Daily weather hassles were getting to her — a long farm laneway that needed to be plowed, followed by a series of grey and repeated snowstorms.

Belicki, a Brock University psychology professor, knew this time of year is a heavy one where she's always a little more stressed.

"But it's been more than usual," she said.

"This is it occurred to me, 'Well, it's just the winter.'

"So on the weekend, I ... said 'Kathy, you're having a very stressful winter, don't underestimate it. Once I said that I felt better.'

Wednesday's dumping of about 20 cm of snow in Niagara with more nasty windchill to come adds insult to injury for many fed people up with that worst winter in years.

And while some are feeling down, people with the lighter, more seasonal affective disorder are generally starting to feel better, Belicki said.

"For those with (SAD), it peaks around the end of December and the shortest days," she said. "What we see in that time is their reaction to the short days ... what we see now is a return of the sun."

"And we're used to it in heaps,

giving this unusual winter that we're just not accustomed to."

Despite the generalized winter blues, on the streets of St. Catharines Wednesday people were taking this hard winter in stride.

"It doesn't get me down too much. I grew up with six months of winter every year in Saskatchewan," said financial adviser Bryan Chin, his eyes blinking through blinding flurries.

See WEATHER on Page 6



Niagara was pummeled by the snowstorm with accumulations of over 20 cm of snow and driving winds that made driving treacherous. Feb 5 2014

BOB TYMCZYSZYN/QMI AGENCY NIAGARA

The Whites' Claims Advantage Offers Valet Claims Service

"The personal touch is what sold me on placing my insurance with Whites' Insurance Brokers."

- Connie Armstrong,
Port Colborne

**Save
up to
30%**



Call Today for a
FREE Quote
and Compare!

WHITES'
INSURANCE BROKERS
905-834-3228



45 Clarence St. W. Port Colborne • www.whitesinsurance.ca
Auto • Home • Business • Marine • Life • Bonds

SAY GOODBYE TO... Your Unwanted Hair With

LASER HAIR REMOVAL

3 Treatments For Only \$99^{+HST}

Choose one from the following:

- Upper Lip
- Bikini Line
- Chin
- Neck
- Cheeks
- Underarms

Reg Price \$70 • \$100 per treatment

Hair Removal Treatment for the top of feet and Toes included FREE with each \$99 package



Director of Aesthetic Services
Celebrating over 20,000 procedures

LASIK
provision
NIAGARA FALLS

lasikprovision.com 6800 Morrison St.
905.371.3217 or 1.888.510.2020

LOCAL NEWS

BUSES: 'It's not often I stand up here and tell everybody I made a mistake,' Katzman says

Voters won't get referendum on transit service

ROB HOUKE QMI Agency Niagara

Voters won't be asked if Niagara should have a region-wide transit service.

At least, not on the Oct. 27 municipal election ballot.

While Niagara Region councillors had voted in favour of posing the question in a referendum on election day, the issue came up for a re-vote Thursday night thanks to St. Catharines Coun. Ronni Katzman.

Katzman, who initially voted in favour of asking electors whether they support Niagara Region funding a regional-wide transit service, put forth a motion for reconsideration, admitting she made a mistake when she voted Dec. 12.

"As soon as we voted that night, I realized I made a mistake," she told councillors. "And I'm sure you remember that, because it's not

often I stand up here and tell everybody I made a mistake."

In order to reconsider the matter, two-thirds of councillors were required to vote in favour. Katzman's motion for reconsideration passed 18-6, thus putting the question of the referendum to another vote.

Prior to the motion for reconsideration, councillors had appointed a staff referendum technical administrative officer, Harry Schlange, in which he noted a referendum was not as simple as just asking a question.

Schlange said provincial law mandates a municipal government must give public notice of intent to create a bylaw to move forward with the ballot question. The notice, he wrote, must be concise and clearly explain the costs associated with a regional transit system and the consequences should electors vote in favour of it.

The provincial timeline for this

to be achieved, Schlange wrote, is April 30. He said in order for the Region to make the deadline, the public notice must be provided no later than March 31, and the bylaw considered and approved April 10.

"It wasn't as simple as putting this on a referendum," Schlange said. "You have to have all the answers before you go forward, and we're not there yet."

Coun. Andy Petrowski expressed disappointment with the referendum process.

The report, he said, "provides some interesting information and I think will inform future councils with regards to anyone who wants to come forward and think that engaging the public is a fairly straightforward and clearly explain the costs associated with a regional transit system and the consequences should electors vote in favour of us."

In his report, Schlange suggested



QMI AGENCY FILE PHOTO

A Niagara Region Transit bus stop sign.

a survey as another way one council could gauge public opinion on the regional transit.

Coun. Brian Heit said those running in the municipal election could get public input while on the campaign trail, and then bring that information back to this council or their municipal council."

Coun. Debbie Zimmerman said that while she is a strong advocate of a regional transit system and initially voted in favour of putting the question to referendum, she was swayed by the CAO's advice.

"We hired a CAO to give us advice, and

I think without giving us direct advice, he's given us some very good advice," Zimmerman said. "There's a better way to do this, there's a better process, it will give more opportunity for the public to be engaged. They will get the type of information they need to make a right decision."

The question of holding the referendum was put to a vote again, but it was defeated 18-7.

In a moment of levity, during the recorded vote, Katzman voted "Yes" in favour of the referendum before quickly catching herself and voting "No."

WEATHER

Weather getting you down? You're not alone

From Page 5

"But I've had enough of the cold for sure."

Plowing contractor Chris Phelan, at work on William St., couldn't be happier. "This has probably been the best winter in the 13 years I've been doing this. So this has put me in a good mood."

Environment Canada senior climatologist David Phillips confirms there has been no let-up this winter.

While the amount of snow has not shattered records, "it's been about the number of days where it has fallen," he said.

In Niagara, that's meant 35 winter days with some measurable snow, when there would normally be 25.

January had 19 days where it was measurable and nine days with traces.

"Every time you look outside, you seem

to be seeing the white stuff fall," he said. "Add to that nine days so far where temperatures have fallen below -20°C and it's been pure nastiness."

"So it's been cold, relentlessly so, then the ice storm...hey, there has been a lot of misery out there."

"It could be the coldest winter in 20 years."

And prepare yourself — Phillips said more wintry precipitation might be on its way next weekend.

"There's enough weather misery to go around that people with seasonal affective disorder are going to have to share it with people just grizzling about it," he said.

TIE PINK
Restaurant & Tavern
金滿樓
Fully Licensed Under L.L.B.O.
17 Charlotte St, Port Colborne
905-835-8377

DINE IN • TAKE OUT • DELIVERY
FRESH, HOT, HUGE SELECTION

2014
Year of Horse

LOCAL NEWS

■ SEARCH ENGINE

Cold crossing guards and cameras

Q: Today DSBN and Catholic school buses are not running due to the very cold temperatures. That means crossing guards are on duty standing in the cold for the students. Thank God for them, but what a job this year and on some of these -30°C windchill days. How do they stay warm standing in one place for so long? What are they paid and provided for protection from the weather?

A: Crossing guards have endured their share of chilly mornings this winter.

In Ontario, they are employed by the municipality or a corporation on contract with the municipality.

St. Catharines city worker Bonnie Nisticcio-Dunk said the city's crossing guards are equipped with raincoats, summer "wick-wick" shirts and equipment, but winter coats are not provided.

However, because of the city's buying power, crossing guards can purchase winter coats at a discount from the city's supplier of clothing for outdoor workers.

St. Catharines has 78 crossing guards, with another 21 spares who can be called in.

They receive \$30.71 a day for working a half hour before and after school and, in some cases, over lunch. Their pay goes up with CUPE staff each year.

Crossing guards are often out even when buses are cancelled to take care of kids who walk to school. Nisticcio-Dunk said each crossing guard knows if there are kids on their route who walk and whether they need to be there on bus cancellation days.

"They are a great bunch," Nisticcio-Dunk said. "They take it very seriously; they're there on time and early, even in this ice cold weather, which is hard."

On extreme cold weather days, Nisticcio-Dunk said crossing guards can stay in their cars until they see a child coming, but it's not encouraged because

they are supposed to be visible.

Q: Why does Thorold Stone Rd. have video cameras when no other similar road in Niagara does? Who monitors them? Are they available to the public online anywhere?

A: There are two types of cameras on Thorold Stone Rd. in intersections maintained by the Region's traffic guru.

Both types of cameras have different purposes, explained Nick Rosati, supervisor of traffic systems for the Region. Neither records footage.

Fixed, stationary video detection cameras are pointed at stop bars where a vehicle would stop on the ground. Detection cameras send a signal to the traffic light controller, letting it know someone is waiting at a red light and it's time to switch to green. Normally, this communication is made with sensors in the road, but sometimes due to cost or poor pavement conditions, the Region uses cameras instead. There are 60-80 intersections across Niagara with video detection cameras.

The other, less common type of camera is a tilt, pan and zoom model. They are used for traffic surveillance in special situations.

Rosati said Thorold Stone Rd. has the cameras in five intersections because it's a major detour route for QEW closures. Staff can monitor the traffic from Regional headquarters and adjust the signals on the ground. If the traffic volume on the northbound is clogged up, staff can add more time to the northbound green lights and reduce the green for east and westbound traffic.

Tilt, pan and zoom cameras were recently installed on Fourth Ave. in St. Catharines by the hospital, where traffic is diverted if Hwy 406 is closed.

While the tilt cameras aren't else where, Rosati said there are hopes to expand them to Lundy's Lane and near the casino.

Plan the Perfect Evening VALENTINE'S DAY

All you have to do is make the reservation, and we'll make it a Valentine's Day to remember with wonderful food, excellent service and a romantic atmosphere.



Valentine's Day Special

\$42.95 per person

Choose a starter:

- Mushroom Florentine Soup or Caesar Salad or
- Organic Mixed green house Salad with Macedonian Cream Feta

Choose an Appetizer:

- Fresh KOMODO Oysters or Famous Bruschetta or
- Specialty escargot

Main:

- 10oz Angus New York Striploin with Shrimp Skewer
- Grilled Chicken Breast
- Grilled Fresh Atlantic Salmon
- Jumbo Shrimp gorgonzola home made gnocchi
- Grilled chicken breast in a leek wine cranberry Sauce
- Linguine Pescatore

Desserts:

- Tiramisu
- Grand Marnier crème Brûlée
- Banana Gelato with Chocolate covered roasted walnuts
- Chef's cheese cake

Valentine's Early Bird Special

(11:30 a.m. to 4 p.m.)

\$19.95

- per person
- Seafood platter (Fried)
 - Hawaiian Ham Steak
 - Pasta classico & meatballs
 - Grilled Lemon Pepper Chicken
 - Dessert

\$29.95 ANY TWO:

- Chicken or veal parmesan with linguine
- Pasta Classic with meatballs
- Hawaiian Ham Steak
- Perogies Platter with onion and bacon
- Cabbage Rolls
- Weiner Schnitzel
- Surf and Turf x 2 for \$99 includes
- Choice of soup or house salad
- 10 Oz angus sirloin with mushrooms
- 10 Oz cuban rock lobster tail
- Choice of potato + fresh vegetables
- 1 Bottle of red or white house wine
- Choice of any two desserts

Weekday Specials from Sun-Wed 2 Can Dine!

\$21.95

2 of our famous fish & chips
(haddock) and two featured desserts



1613 HWY 3 EAST
DUNNVILLE

Call for Reservations

905-774-7779

LOCAL NEWS

HORSE RACING

Race track gets reprieve

Wynne announces full funding for 2014 season

SARAH FERGUSON
(M) Agency Niagara

The Fort Erie Race Track will see a 2014 racing season after all, Premier Kathleen Wynne announced Friday.

Although he had assured Fort Erie's 116-year-old racetrack would come alive once again when the racing season begins, PC leader Tim Hudak said Wynne's announcement the season will go ahead is linked to the Feb. 13 byelection.

The future of Fort Erie's track has been grim after a three-party panel suggested dropping the track from the list of regularly funded racetracks.

The Fort Erie Live Racing Consortium developed a plan for the Year of the Horse Festival in response to a new five-year, \$4-million sustainability plan for the Ontario horse-racing industry outlined by Premier Kathleen Wynne last October in an effort to save the track.

Race officials are still waiting for the green light from the province to move forward with the festival.

Hudak said the premier is only spending this money

We are proud to have stood shoulder-to-shoulder with these groups from day one. They didn't stop and weren't going to stop and now the people of Fort Erie got their track back. We're happy to support them and will continue to support the people of Fort Erie long after this byelection is over"

NDP candidate Wayne Gates

because she is in campaign mode.

Hudak went on to blame NDP Leader Andrea Horwath for her support of the Liberal budget.

"It was the weak and indecisive leadership of the NDP that allowed the slots to be taken out of the Fort Erie racetrack. They're the ones that supported that budget," he said. "Half of those job losses are on Andrea Horwath's head."

Hudak said a long term solution, which includes putting the slots-in-street program back in, is important for the sustainability of the Fort Erie Race Track.

In a press release, Liberal candidate Joyce Morocco said she is

"delighted" with the news the racetrack will see another season.

"As I've said all along, Premier Kathleen Wynne was crystal clear that there was a sustainable future for the track and the hundreds of local jobs," she added.

Morocco said she met with Wynne, Fort Erie Mayor Doug Martin and Economic Development and Tourism Minister Provincial Minister Jim Thibert to "find a sustainable path forward for jobs" in Fort Erie.

After months of months of "constant pressure" on the Liberals from horse racing families, Fort Erie council and Thibert,

NDP candidate Wayne Gates said in a press release the provincial government has finally listened.

"We are proud to have stood shoulder-to-shoulder with these groups from day one," Gates said.

"They didn't stop and weren't going to stop and now the people of Fort Erie got their track back. We're happy to support them and will continue to support the people of Fort Erie long after this byelection is over," he added.

Gates said he couldn't speak about the details of the new season as they are in the process of being finalized over the course

of the next few weeks.

Friday's announcement that the racing season will go ahead is important to let horse trainers and jockeys know there will be a racing season this year.

"The I's and the T's aren't dotted. We still have to go through the usual process we've gone through in the past, but now we can let horsemen know to go ahead and pick up their stall assignments," he said.

In a letter posted on the Ontario Racing Commission's website, John Snobelen, one of the individuals responsible for implementing the Ontario Horseracing Partnership Plan, let Wynne know that the money

has been secured for a full racing season at the Fort Erie Race Track.

"I wanted her to know a core product has been put together and the Horsemen's Benevolent and Protective Association of Ontario has been working with Woodbine and Fort Erie over the last month or so," he said.

Snobelen said he is confident there is enough money available to run the two places again and the Fort Erie Live Racing Consortium is expected to meet with provincial agencies to discuss the 2014 season funding.

The 2014 race season will be similar to last year's season with about 40 race days, he said.

"I'm working hard to get a racing calendar for the timing of the (letter) Friday allows time for horse trainers to make decisions about where they will go to race as training starts in March," Snobelen added.

— With files from Antonella Artuso

sarah.ferguson@summa.ca

GIVE US YOUR VIEWS

www.InPortNews.ca

TD RINK AT THE BRINK
Experience the joy of a backyard rink
with the world's greatest view!

Private Ice Rentals Available
5-on-3 Pond Hockey
Bingo
Family Fun
Marriage Proposals

It's the quintessential Canadian wintertime experience

TD RINK AT THE BRINK
OPEN DAILY
TD RINK AT THE BRINK
WFOLO.com/TD-RINK-at-the-Brink



Daily Specials

Takeout Available

**Homemade Pies...
Delicious Homestyle Cooking
Catering Available**

**Tuesday
Roast Beef Dinner**

Potatoes
Vegetable
Roll & Butter

\$9.95

**Wednesday
Roast Pork Dinner**

Potatoes
Vegetable
Roll & Butter

\$9.95

**Thursday
Roast Turkey**

Potatoes
Vegetable
Roll & Butter

\$9.95

EVERY FRIDAY

Friday Fish 'N' Chips (Haddock)

905-382-3765

Corner of Main St. & Stevenson Rd. Mon - Fri: 7am - 8pm, Sat: 7am - 1pm

LOCAL NEWS

■ CRIME

Man jailed for human trafficking

ALISON LANGLEY
QMI Agency Niagara

He controlled every aspect of her life and threatened to kill her family if she didn't sell her body to strangers.

Correll Slawter forced the 17-year-old girl to work as a prostitute for more than four months before Niagara Regional Police arrested him on a human trafficking charge.

The 27-year-old was sentenced to two years in jail less a day after pleading guilty in an Ontario Court of Justice in St. Catharines to a charge of exercising control over the movements of

a person for the purpose of exploitation.

Slawter was also placed on probation for two years and has been added to the national sex offender register.

Court was told Slawter exercised strict control over the girl's life, including what she wore and when she could contact her family.

"The accused controlled every aspect of her life," assistant Crown attorney Andrew Brown told Judge David Harris.

The girl met Slawter in December 2011 through a mutual acquaintance. He pursued the girl and began to discuss his involvement

in the sex industry.

Initially, the girl showed no interest in participating in the clandestine sex trade, court was told, so Slawter threatened to kill the victim and her family.

Between December 2011 and April 2012, he forced the girl to work as a prostitute at motels, hotels and private residences in Niagara Falls.

"Once the customer left the room, the accused would force the victim to kiss his empty palm and this was the victim's opportunity to turn over all the money that she had made," Brown said.

The victim estimates she handed more than \$5,000 to

Slawter over the four-month period.

Slawter maintained he thought the girl was 18.

Also in court, Slawter pleaded guilty to two counts of assault in connection with an incident that occurred in May 2013 at the Niagara Detention Centre.

Slawter, an inmate at the Thorold facility at the time, punched a corrections officer in the face and bit the finger of a second officer when the men tried to subdue him.

alison.langley@sunmedia.ca
Twitter @nifalslangley



FOLLOW OUR
NEWS TEAM ON
FACEBOOK

facebook.com/importnews



We'll give you something to
SMILE about!

- Full & Repairs • Emergency • House Calls
- Free Consultation • Upper & Lower Dentures
- Same Day Repair & Before Service Available

Norbert Gieger » 188-A West St. Port Colborne 905.835.2155

INDIAN RIVER DIRECT CITRUS TRUCKLOAD SALE

WELLAND

Wednesday, Feb 19th, 10:00 am - Noon
RACE TRAC (554 Niagara St.)

20lb. box of FLORIDA
SEEDLESS Navel ORANGES
or RUBY RED GRAPEFRUIT
\$28.00
Per Box

www.indianriverdirect.com

Port Colborne Operatic Society presents its 2014 production

TICKETS & GIFT CERTIFICATES ON SALE

Monday-Friday, 9 am - 4:30 pm, (closed 12-1pm)
Saturdays, Feb 8, 15, 22, March 1, 10am-2pm

905-834-7572

Visa, MasterCard, AMEX

Roselawn Box Office

296 Fielden Avenue (at Carter), Debit or Cash

2014 SHOW DATES

Sat., February 15	7:30 pm
Sun., February 16	2:00 pm
Sat., February 22	7:30 pm
Sun., February 23	2:00 pm
Fri., February 28	7:30 pm
Sat., March 1	7:30 pm
Sun., March 2	2:00 pm

**Reserved Seats
Just \$20**

All seats reserved in our
600-seat theatre

@PCOS1945



THE Music Man

MEET THE
CAST NIGHT!

Lakeshore Catholic
High School Auditorium

Platinum Sponsor Gold Sponsor



BRINGING BROADWAY HOME SINCE 1945

PortColborneOperaticSociety.com

6th Annual **NOTL HOME SHOW**

renovate • rejuvenate • revitalize
• FREE ADMISSION • FREE PARKING •

ONE DAY ONLY

March 1, 2014

9am - 4pm

Crossroads Public School

1350 Niagara Stone Road • Niagara-on-the-Lake

Vendors & exhibitors featuring products & services for your home and garden:
• Garden Auction
• BBQ
• River Sale
• 50% of proceeds for Crombie School

LOCAL NEWS

POLICE: One passenger died, another was hurt when thrown from vehicle onto QEW

Driver faces murder charge

BILL SAWCHUK
QMI Agency Niagara

Police have charged the driver in a fatal crash on the QEW with second-degree murder and attempted murder.

Gordon Hall, 33, of Lincoln, was killed when the Buick Allure he was a passenger in struck the guardrail near McLeod Rd. in Fort Erie Falls shortly after 8 p.m. on Jan. 27.

Hall was ejected from the car and hit by another vehicle. He was pronounced dead at the scene.

"I wasn't sure it was going to happen, but once I found out she was being charged, it was a relief," said Julie Hall, Gordon's father. "I just want it won't bring God back, but I just want to see justice done."

"The OPP have been really good keeping us informed."

The driver of the vehicle that hit Hall failed to remain



Gordon Hall

at the scene and police are still searching for the driver and the vehicle.

A second passenger, a 33-year-old Grimsby man, was also ejected from the Buick. He was taken to hospital with non-life-threatening injuries. He

was Hall's best friend.

The driver had to be extricated from the Buick and transported by air ambulance to a hospital in Toronto.

"It's not every day you see a claim like this come up in a motor vehicle accident investigation, but we don't want to say too much because we don't want to jeopardize the case," said Staff Sgt. Jan Idzenza of the OPP.

Terri Nichols, 51, of Hamilton is charged with one count each of second-degree murder, attempted murder, criminal negligence causing death and criminal negligence causing bodily harm.

Nichols was held in custody pending a bail hearing.

Police ask anyone with information on the crash to contact OPP Investigators at 1-888-310-1122.

bill.sawchuk@sunmedia.ca
@bill_sawchuk



JULIE JOCSAK/QMI AGENCY NIAGARA

One person is dead following a collision in the Fort Erie bound lanes by the McLeod Rd. exit on January 27, 2014. Julie Jocsak / St. Catharines Standard / QMI Agency. Police investigate following a collision in the Fort Erie bound lanes by the McLeod Rd. exit on January 27, 2014 where one person was killed.

Saturday, February 22, 2014

2:00pm, 4:30pm & 7:00pm

at Bowl-O-Rama 968 Niagara St., Welland

Sunday, February 23 & Saturday

March 1, 2014

2:00pm, 4:30pm & 7:00pm

at Carroll's Bowling 7 Klauck St., Fort Erie

This year's theme

"Luau" grass skirts, print shirts, leis & coconuts !

REGISTER Your Team by visiting

www.bbbsinniagara.ca

or by calling 905-735-0570 or 905 871 8836

Start Something by Striking it BIG



TV COGECO
Truly local television



Welland two-year-old assaulted

MARYANNE FIRTH
QMI Agency

Two Welland residents have been charged in relation to a serious assault on a two-year-old boy.

On Jan. 18, Niagara Regional Police and Niagara EMS were called to a Welland address for reports of a young child in medical distress.

The two-year-old child was transported to hospital with a serious head injury. He remains in hospital.

Members of the NRP's child abuse unit entered into a joint investigation with Family and Children's Services Niagara regard-

ing the incident. On Wednesday, a 34-year-old male was charged with one count of aggravated assault and two counts of recklessness.

Also charged was a 24-year-old female with one count each of aggravated assault and obstruct police.

Police are not identifying the accused persons, nor the names of the two children, so as to not identify the victim. Both persons were to appear in St. Catharines hall court.

Police said they will not be releasing any further information. Anyone with information about the alleged assault is urged to contact police at 905-735-7811, ext. 5190 or Niagara Crime Stoppers at 1-800-222-4477.

**Reach Over
20,000 Readers!**

**WITH YOUR MESSAGE
IN THIS SPACE**

For Only \$20⁰⁰ Per Week
Based on 13 Weeks

Call 905-732-2414 x.260



Premier National Partner
Grand Partenaire National

WE ALL PLAY FOR CANADA



WE ARE A NATION OF 35.2 MILLION INDIVIDUALS BOUND TOGETHER BY PLAY. PLAY IS AN INNATE PART OF BEING CANADIAN. IT MAKES US STRONG, CONFIDENT, CREATIVE AND TENACIOUS AS INDIVIDUALS AND AS A COUNTRY. EACH OF US PLAYS OR SUPPORTS PLAY OR ENABLES PLAY. WHETHER IT'S A GAME OF ROAD HOCKEY WITH OUR FRIENDS, CHEERING OLYMPIC ATHLETES ON THE PODIUM OR TAKING OUR KIDS TO THE NEIGHBOURHOOD PLAYGROUND,

GLENDALE AVE.
ST. CATHARINES
905 227-7481

WELLAND AVE.
ST. CATHARINES
905-688-0488

MCLEOD RD.
NIAGARA FALLS
905 358-0161

LOUTH ST.
ST. CATHARINES
905 682-8275

MONTRÉAL RD.
NIAGARA FALLS
905 354-3848

GARRISON RD.
FORT ERIE
905 871-1564

WEST SIDE DR.
PORT COLBORNE
805-835-1155

PRIMEWAY DRIVE
WELLAND
905-782-7501

SELECTION MAY VARY BY STORE

LOCAL NEWS

LOOK IN THURSDAY'S PAPER FOR YOUR M&M FLYER!



CHICKEN STRIPS

MADE WITH SOLID,
ALL-WHITE CHICKEN
BREAST FILLETS!

- Convenient and quick; ready in 20 minutes from the oven
- 27-33 PIECES 1.36 kg/3 lb

12.99
MAX SPECIAL
SAVE \$5

LASAGNA

THE BIG TRAY!

- Flavourful ground beef, cottage cheese and tomato sauce layered between perfectly cooked lasagna noodles and topped with shredded mozzarella cheese

1.81 kg/4 lb

SATURDAY
15

ONE DAY ONLY!

BONELESS
CHICKEN
BREASTS
SEASONED &
SKINLESS

8-12 PORTIONS 1.36 kg/3 lb

13.99
MAX SPECIAL
SAVE \$6

LIMIT 3 PER CUSTOMER

ALL PRICES IN EFFECT FRIDAY, FEBRUARY 14 TO THURSDAY, FEBRUARY 20, 2014 UNLESS OTHERWISE STATED.

St. Catharines 210 Glendale Ave. 905-682-3121

Niagara Falls 6225 Thorold Stone Rd. 905-354-0186

St. Catharines 353 Lake St. 905-546-8812

Fonthill 20 Hwy 20 E. 905-882-4765

St. Catharines 100 Fourth Ave. 905-682-6328

Welland 30 Rice Rd. 905-735-6819

IT'S GREATER! WE'RE OPEN LATER!

Check our website for individual store hours.

■ INFRASTRUCTURE: Region approves \$70-million contract



JULIE JOCSAK/QMI AGENCY/NIAGARA

Niagara Region awarded the contract to replace the Burgoyne Bridge over Twelve Mile Creek to Pomerleau Inc.

Bridge contract awarded to Quebec company

ROB HOULE
QMI Agency Niagara

It's a go. Niagara Region councillors voted Thursday night to award the contract for the Burgoyne Bridge replacement to Pomerleau Inc. The Quebec-based company will build the bridge over Twelve Mile Creek linking St. Paul St. for \$69,905,988. There is an \$8-million contingency fund should the project run over budget. Rankin Construction was the second-lowest bidder at \$76,743,285, while the highest bid, from Aérocon Construction & Materials Ltd., was \$94,609,626.

Councillors voted 22-2 in favour of awarding the contract to Pomerleau and a contract of slightly more than \$4 million to engineering firm Delcan Corp. to oversee the bridge construction.

St. Catharines Coun. Andy Petrowski voted against the bridge tender because he was opposed to Delcan getting the overall contract.

In 2010, Delcan estimated the bridge replacement to cost \$52.5 million. The total budget, including the \$8-million contingency fund and pre-tender costs, is now pegged at \$91.35 million.

During the public works committee meeting on Jan. 28, region transportation director Joe Cousins said staff tell early on the Delcan estimate was off the mark.

"We were told by our consulting engineer that based on their recent experience with designing and tendering a project ... they felt their prices were fairly accurate," Cousins told the committee.

"Fundamentally, I don't think this council should be rewarding the contractor" with the oversight contract, Petrowski said Thursday night.

"How can we turn around, as a council, and reward the original contractor, who was responsible for doing the original price estimate?"

St. Catharines Coun. Alan Caslin said it was unfair to blame Delcan for the disparity in estimate and final budget.

"There are mitigating circumstances that we've heard ... It would be unfair to blame our consultant for the pre-existing soil con-

ditions that exist beneath the bridge," Caslin said.

The "mitigating" circumstances that led to the inflated price that were revealed with a detailed geo-technical assessment included soil and slope instability that required the span of the bridge to be extended.

Pelham Mayor Dave Augustyn also said Delcan should not be blamed for the original estimate, saying it "pre-dates the environmental assessment. It pre-dates the detailed design. In the environmental assessment there were changes, different road approaches and things like that, there were detailed design changes ... addition of sidewalks, etc. It pre-dates some of the work on the geo-technical."

Pelham Mayor Vance Badaway also voted against tendering the project to Pomerleau and Delcan.

Badaway said Friday he voted against the bridge tender because it came in over budget.

"I believe we should have re-engineered it within budget," Badaway said. Badaway cited a similar situation when the City of Pelham Colborne put out a tender for its Vale Health and Wellness Centre and the city came in over budget. He said the city re-engineered the project and it conformed to the budget set by council.

Badaway expressed concern Thursday night about who would be responsible for any budget overruns.

"If in the project ends up being over budget, who is going to be actually responsible for that?" Badaway said.

"I believe the regional council or the owner, we would initially be responsible for the cost of the project. If we felt there was culpability on either the part of the contractor or the consultant, we would be looking to them to remedy that situation."

Pomerleau had indicated it was prepared to start preliminary work on the bridge next week. Construction is expected to take 2½ years, meaning it would open to traffic in fall 2016.

robert.houle@sunmedia.ca

IN BRIEF

Doctors going to the dogs, and cats

Dr. David Salanki and staff at Chiropractic Associates of Port Colborne

are again taking part in the North America wide charitable project Doctors with a Heart.

The chiropractic clinic will examine and treat people for no charge on Wednesday. All consultation, treatment, exam and X-ray fees will be waived that day in exchange for a donation to Welland and District Humane Society's Port Colborne location.

Items most in need are: cash; canned dog, puppy, cat and kitten food; blankets for rescues; non-clumping cat litter;

cat cases, dog and cat cleansing products; flea-prevention products and toys.

Chiropractic Associates of Port Colborne is at 258 Killaly St. W. in the Portage Village Plaza. The clinic hours on Wednesday will be 8 a.m.

to 6 p.m. Appointments will be made on a first-come, first-serve basis. To book an appointment call 905-835-1303. Donations can be left at the offices of Chiropractic Associates on that day.

For more information,

e-mail reneelaurin@chiropracticassociates.com.

Doctors With A Heart is a 15-member non-profit organization founded in 1986 that includes dentists, chiropractors, optometrists and physicians.



AARON BOGGIO
R.Ph., B.Sc., Pharm.



Ask Our



LARRY BOGGIO
R.Ph., B.Sc., Pharm. (owner)

Pharmacists

ZOSTAVAX: PREVENT SHINGLES BEFORE ITS TOO LATE!

Shingles is caused by the same virus that causes chickenpox (varicella-zoster virus). After the chickenpox blisters heal, the virus remains dormant in nerve cells in your body. It can become reactivated after many years resulting in shingles. It is not known exactly why the virus becomes reactivated, however it is thought that having a weakened immune system along with physical trauma, UV light or stress may play a role. The risk of developing shingles increases with age and people over 50 years old are at greater risk. Shingles can affect any part of the body, however certain areas are more common. The pain resulting from shingles can last for weeks, months, or rarely, after the rash heals. This lasting pain has been described as burning, aching, throbbing or stabbing and can result from something as little as a breeze or the touch of clothing on the skin. Older people are at greater risk. Shingles may also result in skin infections at the site of the rash or scarring following healing of the rash.

Fortunately, a vaccine is now available to boost your immune system and help to prevent shingles and its complications. It is called Zostavax and is available to adults over 50 years old who have never had chickenpox or have had a previous infection of chickenpox. It is not used for prevention. The vaccine is given as a single dose by injection just under the skin of the upper arm by a doctor or trained nurse. As all medicines and vaccines can have side effects, some people may experience redness, pain, swelling, or bruising at the site of injection or headache. These are the most common unwanted effects, but they are usually minor. This vaccine was found to reduce the risk of developing shingles by about 50-70% (depending on your age) within the first year after receiving the vaccine.

Zostavax must be stored frozen below -15 degrees Celsius until the day it is to be used. Only a few pharmacists currently have the correct storage facilities for this vaccine to be able to stock it. Zostavax is available from all of the Boggio Family of Pharmacy locations.

Zostavax is safe for most people, however it should not be used by anyone who:

- IS ALLERGIC TO ZOSTER VACCINE OR TO ANY OF THE INGREDIENTS OF THE MEDICATION (INCLUDING GELATIN)
- IS PREGNANT
- HAS A WEAKENED IMMUNE SYSTEM (E.G., DUE TO CANCER, HIV/AIDS, PROBLEMS WITH BONE MARROW, OR OTHER IMMUNE SYSTEM PROBLEMS)
- HAS ACTIVE UNTREATED TUBERCULOSIS
- HAS HAD A SERIOUS ALLERGIC REACTION (HIVES, FACE SWELLING, DIFFICULTY BREATHING) TO NEOMYCIN
- TAKES HIGH DOSES OF STEROIDS (E.G., PRECISONNE, METHYLPRIVONISOLONE) BY INJECTION OR BY MOUTH

Since this is a relatively new vaccine, it is not known if it will provide protection from shingles for longer than 4 years.

Talk to your doctor or pharmacist for more information and advice about shingles and to find out if the Zostavax vaccine is right for you.

BOGGIO PHARMACY

200 Catherine St., Port Colborne

905.834.3514

www.boggios.com

Stamford Hardware and Fireplace Warm Up To Winter Sale!

SHOP EARLY! MANY
ONE-OF-A-KIND
DEALS WHILE
THEY LAST!

SATURDAY FEBRUARY 8th UNTIL SATURDAY FEBRUARY 22nd
TIME TO COZY UP TO THE FIRE!

ENVIRO E30 GAS INSERT Installed

\$2699

reg. \$2999 Save \$300.00

KOZY HEAT LAKEFIELD GAS STOVE Installed

\$2199

reg. \$2499 Save \$300.00

MAJESTIC 300 DV8 DIRECT VENT Installed

\$1799

reg. \$2199 Save \$400.00

FPX 564 GS DIRECT VENT Installed

\$3199

reg. \$3499 Save \$300.00

VERMONT CASTINGS STARDANCE GAS STOVE Installed

\$2999

reg. \$3299 Save \$300.00

DUTCHWEST OXFORD GAS STOVE Installed

\$2199

reg. \$2599 Save \$400.00

ENVIRO WESTPORT GAS STOVE Installed

\$3199

reg. \$3499 Save \$300.00

WOODSTOVE DEMO MODELS **ON SALE NOW!**

\$100 TAX-IN

LOPI 32 DV8 GAS INSERT Installed

\$3399

reg. \$3799 Save \$400.00

KOZY HEAT TRF DIRECT VENT Installed

\$2299

reg. \$2599 Save \$300.00

VALOR 739 ILN GAS INSERT Installed

\$2999

reg. \$3299 Save \$300.00



*INSTALLED PRICES BASED ON MAIN FLOOR FLAT WALL LOCATIONS. BASEMENT VENT EXTRA
WINTERS NOT OVER YET, TAKE ADVANTAGE OF GREAT DEALS NOW!

Stamford hardware

3639 Portage Road • Niagara Falls • 905-356-2922

Monday - Wednesday 8:00am-6:00pm • Thursday & Friday 8:00am-8:00pm • Saturday 8:00am-5:30pm

LOCAL NEWS

HEALTH CARE: Welland hospital to close

'The decision is now made': Health Minister

ALLAN BENNER
QMI Agency Niagara

Health Minister Deb Matthews removed any remaining doubt regarding building a new hospital in Niagara Falls, despite the hopes of south Niagara residents.

"The decision has been made," she said while touring the Niagara Falls Community Health Centre Monday with Liberal byelection candidate Joyce Morocco.

Matthews said Niagara Health System chief executive officer Kevin Smith "consulted with I think 1,000-plus people" before making the decision.

"The site has been studied every which way and the board of the NHS has determined that the site at Lyons (Creek Rd.) and QEW is the right site that will serve the entire region. The decision is now made."

That decision will also close all existing hospitals, including the Welland hospital site,

replacing them with the new hospital along with two free-standing urgent-care centres.

Matthews was last in Niagara Falls in January, announcing a \$26.2-million planning grant to work toward the development of the new hospital.

So how will the \$26.2-million be spent?

"Now the big decisions have to be, what services are going to be there, how do you configure it? A lot of money has to be spent on planning. This is a

huge investment in Niagara and it has to be done right," she told reporters. "We are taking our time and spending the money on planning to make sure we give the people of Niagara Falls and the Niagara Falls area deserve."

What about the people of Welland?

"It's unfortunate that this has become as politicized as it has. We have a very clear position. We want a new hospital to serve the people of south Niagara and the right place for that after consultation with all sorts of experts is Lyons Creek. Wherever the sign is, is the right site," she said, referring to a sign erected by the City of Niagara Falls at the intersection of Lyons Creek and Montrose Road.

"That site is where the new hospital will be built."

Matthews said people who have had an opportunity to visit the new hospital in St. Catharines know what a difference it makes in how they receive health care, and the Liberal government is moving forward with plans for the Niagara Falls hospital, too.

Reminded that the existing Welland hospital serves a catchment area of 92,000 people, Matthews said the plans also call for two urgent-care centres "the people will have access to the care they need on an urgent basis."

"But the new hospital in Niagara

Falls will be able to attract professionals who would not be attracted to the current dispersed health care here, bringing everybody under one roof in one place that can be provided when you get that critical mass. It's going to significantly improve access to quality of care here in south Niagara," she said.

"It's going to mean that people will not have to travel as much to get health care."

Told that people in Wainfleet are going to have to travel up to 50 minutes to get to a location, Matthews said: "Kevin Smith made a very compelling case and I think anybody who looks at that will be convinced that the right thing to do is to improve health care here is to consolidate, but provide urgent care as well for people who need that level of care."

Asked if there are any opportunities for additional public consultation, Matthews said Smith engaged the community "in a remarkable way."

"He listened very carefully and his report reflects what he has heard. Now we're on to the next step of the planning."

"It's going to be fantastic," she said.

allan.benner@sunmedia.ca
Twitter: @abenner1

FABRICLAND

www.fabriclandwestern.com

CLEAN SWEEP SALE

THURSDAY February 13th -

SUNDAY February 16th, 2014



Special Selection

FALL/WINTER FASHION FABRICS

UP TO **75% OFF**

OUR REGULAR PRICE

Special selection, IN STOCK ONLY, selection varies by store

All In Stock
DRAPEY
HARDWARE,
DRAPEY PANELS,
DECOR CUSHIONS
50% OFF
Our Regular Price

All In Stock
PRINT
FLANNELETTE,
BROADCLOTH
50% OFF
Our Regular Price

All In Stock
McCALLS
PATTERNS
\$3.99 ea.
Limit 10 per Purchase

CUSTOM DRAPEY NOW AVAILABLE AT ALL LOCATIONS
SEE IN STORE FOR DETAILS

MOUNT CARMEL CENTRE
3770 Montrose Rd., Niagara Falls
354-7117

575 Welland Ave., St. Catharines
685-6595
www.fabriclandwestern.com

Store Hours
Mon.-Fri. 9-9 • Sat 9-8 Sun 12-5
34 DOUGLAS AVE., Welland
734-3836



ALLAN BENNER/QMI AGENCY NIAGARA
Health Minister Deb Matthews looks at a map of Niagara while touring the Niagara Falls Community Health Centre, Monday with Liberal byelection candidate Joyce Morocco and community outreach worker A.J. Heafey.

■ **RECREATION:** Plenty in store this holiday weekend in Port Colborne

Sportsfest's snow much fun

GREG FURNINGER
Tribune Staff

Although Niagara is tiring of snow, Jack Frost has certainly prepared the perfect stage for this long weekend's Port Colborne Sportsfest.

"It's really nice to actually have snow, not mud and mud," the city's events co-ordinator, Alallina Kane, said while recalling one year that snow had to be trucked in for outdoor volleyball games. She described the event running Friday to Sunday as "a great day as an ideal way for Niagara to get out of their homes for plenty of fun" in a month that tends to be grey and dull.

A number of local organizations will benefit from participation fees for some of the events.

Among featured activities are the Mayor's Cup Hockey Tournament; free YMCA minutes at the Beach; children's swimming and gymnasium games; Frisbee and snow golf; a wine and cheese tasting soup cookoff; and a trap and skeet shoot at the Port Colborne and District Conservation Club on Second Concession.

"We're hearing from the events that all the numbers are good, but there are some openings," Kane said.

Sold out is the Frostbite Winter Mountain Bike Race taking place at the Robin-

hood mill lands Sunday from 11 a.m. to 2 p.m.

Kane said it's a great event at which to be a spectator.

"There are bikes that they have that are better than my car," she quipped.

Now this year is an open mic event at the Royal Canadian Centre, running Friday night from 7 to 11 p.m.

That night also is a name-that-tune music trivia event at the Canalside restaurant. It starts at 8 and the \$10 entry fee goes toward programs offered by Port Cares.

And also for people who aren't into sports, the South Niagara Artists guild returns with an exhibit of about 13 artists' works at Rosedale Centre, Sunday and Monday from 10 a.m. to 4 p.m.

During its debut last year, Sportsfest

Artfest drew some 400 people to Jericho House in Wainfleet, said organizer and artist Wendy Maloway.

This year, a portion of sales of animal-themed art will support Niagara Wildlife Haven. More on the event can be found at <http://southniagaraartists.ca/2014/01/13/sportsfest-artfest/>.

Sportsfest is now in its 15th year, offering recreational activities for all ages. It's aimed at promoting both a healthy lifestyle and the city.

greg.furninger@sunmedia.ca
Twitter: @GregAtTheTrib

Public Health is connected to you in more ways than you think...

DATE NIGHT



Find out more about our programs and services.

www.niagararegion.ca/health

Niagara Region

GET THE LATEST
BREAKING NEWS
www.inPortNews.ca

ENJOY GROCERIES on us!

SUBSCRIBE TO 26 WEEKS
OF DAILY HOME DELIVERY
OF THE TRIBUNE
FOR 51¢ PER DAY*!
AND RECEIVE A

\$20 GROCERY GIFT CARD!



CERTIFICATES
ARE NOT
AVAILABLE
FOR PICK-UP AT
THE TRIBUNE



*The offer price of this promotion is \$99.75 tax included. This offer is available to customers who have not had home delivery in the last 30 days. This offer must be pre-paid by credit card at time of order. This offer is not available in all delivery areas. This offer is non-refundable. The Grocery Gift Card is valid with a pre-paid order. Please allow 4 weeks for delivery of your Grocery Gift Card which is not available at your local newsagent. The value of the gift card is based on the term and delivery frequency of this promotion. Offer expires April 30, 2014. Gift Cards can be used at Metro and Food Basics D&T banner stores. GST/PST/HST 1482 RT000.

CALL 1-855-533-5594 QUOTE: METRO



Premier National Partner
Grand Partenaire National

WE ALL PLAY FOR CANADA



EVERY CANADIAN ATHLETE (INCLUDING JONATHAN TOEWS ABOVE) HAS A TEAM THAT HELPED THEM GET THERE. HEAR THEIR STORIES AND TELL US YOURS AT

WE ALL PLAY FOR CANADA.CA

GLENDALE AVE
8T. CATHARINES
905 227-7481

WELLAND AVE.
ST. CATHARINES
905-688-0488

MCLEOD RD.
NIAGARA FALLS
905 358-0161

LOUTH ST.
ST. CATHARINES
905 682-9275

MONTROSE RD.
NIAGARA FALLS
905 354-3848

GARRISON RD.
FORT ERIE
905 871-1564

WEST SIDE DR.
PORT COLBORNE
905-835-1155

PRIMEWAY DRIVE
WELLAND
905-732-7501

SELECTION MAY VARY BY STORE



IMPORT DATEBOOK



nofrills
lower food prices

**WON'T BE
BEAT®**

If you find a
cheaper price,
simply show
us and
we will match.

See Store For Details

February 14th - 20th, 2014



WHITE MUSHROOMS

Product of Canada

.97¢
227g Pkg.



MINI CARROTS

Product of Canada
Canada No. 1

.97¢
340g Pkg.

Brent & Jenny's | 53 West Side Rd.
NoFrills | Port Colborne

FEBRUARY 13

WINTER STAYCATION

Luncheon to celebrate Welland, at Welland Community Wellness Complex, at noon. Descriptions 11:30 a.m.: Mexican salsa and meatballs, garden salad, rolls, fajitas, tea or coffee. Tickets \$13 for passholders or \$14 (\$2 savings if bought before Jan. 31). No tickets at the door. Call 905-735-1700 ext. 4000 before Feb. 7.

PASTA NIGHT

at Casa Dante. Takeout dinners for \$8, 3 p.m. to 6:30 p.m. Souce, meatballs, minestrone soup and pasta fagioli are also available for takeout.

PHILOSOPHER'S CAFÉ

at Wainfleet Township Public Library at 6:30 p.m. Drop by for a lively discussion

on short-term, long-term thinking. All welcome.

VALENTINE'S DAY

Idea and talk at Halton Hills County Museum and Archives featuring chocolate tasting, home-made scones, door prizes and much more. Time 7-11 p.m.; cost \$10. Register at 1-905-772-5880.

FEBRUARY 14

VALENTINE'S DAY CRAFTS

at Wainfleet Township Public Library, 2:30 p.m. to 3:30 p.m. (public school early release day). For children in kindergarten to Grade 8. Call 905-899-1277 to pre-register as spaces are limited.

Continued on Page 22

WANT YOUR NON-PROFIT EVENT INCLUDED?

SEND US YOUR INFO

When submitting listings by e-mail,
please use only
wtrb.datebook@sunmedia.ca.
Please do not send attachments.
Full listings online under Life



Beat the temptation.

 **smokers' HELPLINE**
CANADIAN CANCER SOCIETY

TOLL-FREE

I-877-513-5333

SPOTLIGHT on Service

**Reach Over
20,000 Readers!**

**WITH YOUR MESSAGE
IN THIS SPACE**

For Only \$20⁰⁰ Per Week
Based on 13 Weeks

Call 905-732-2414 x.260



Where traditional customer service
meets modern technology™

SERVICE | UPGRADES | REPAIRS | USED COMPUTER SYSTEMS

250 Kent St. Port Colborne

905-834-6333

graham@scccomputers.com

www.scccomputers.com



Sarah Sharpe

Owner & Personal Support Worker

905-380-8856 • sarahsharpe81@gmail.com

Home Care is Where Our Heart Is
Call Today And See Why We Are
More Than Just Home Care

CREDENTIALS

- Member of the Chamber of Commerce
- Fully Insured and bonded
- WSIB
- Carefully selected certified personal support workers

Family Links
HOME HEALTH CARE

When the electricity fails...

How will you be AFFECTED?

**Custom Designed Stand-by Power
Installations to Suit Your Needs**

Cornell Feenstra Electric Ltd.

All Types of Electrical Installation

Pole Line Installation & Aerial Bucket Truck Service

Call: 905-899-2373 • Fax: 905-899-2383

J. SNEEK PLUMBING

CALL JOHN SNEEK

OVER 25 YEARS EXPERIENCE

HOME: 905-834-2135 • BUSINESS: 905-964-2518

FREE CONSULTATIONS

NOW OPEN



SERVICES:
Full/Partial dentures
Implant support dentures
Relines, Repairs

David Scobie DD

Denturist

905-834-5757

50 Charlotte Street, Unit Two
Port Colborne, Ontario
L3K 3E1

The Art of Smiles
Denture Clinic

**Reach Over
20,000 Readers!**

**WITH YOUR MESSAGE
IN THIS SPACE**

For Only \$20⁰⁰ Per Week
Based on 13 Weeks

Call 905-732-2414 x.260



**TEMPERATURES
ARE FALLING!**

CALL FOR A FREE ESTIMATE
ON FURNACE &
AIR CONDITIONING PACKAGES

WE SERVICE ALL MAKES & MODELS!

905-892-7787

BOB REID Heating & Air Conditioning
Residential - Commercial





From Page 20

IMPORT DATEBOOK

FEBRUARY 15

VALENTINE'S DINNER AND CHEESE

event sponsored by Knights of Columbus, Fort Hill, at St. Alexander church, 105 Main St., Welland, 7 p.m. to 9 p.m. Cost is \$10 a person, and includes a glass of red or white wine served with cheeses and snacks.

VALENTINE'S DINNER DANCE

hosted by Le Centre Polyvalent des Alpes Francophones de Port Colborne golden age club, at 184 Mitchell St. in Port Colborne. Doors open at 5:30 p.m. Enjoy a home-cooked meal and entertainment. Tickets away to music provided by "Gino Frisky." Tickets are \$25 each, which includes the above and a complementary glass of wine. To reserve tickets or for more info call 905-834-0683.

PASTA DINNER

hosted by Fort Hill Lions at their Hwy. 20 hall, 4 p.m. to 7 p.m. Adults \$10, children (under 12) \$6. Takeout available. Cash bar.

NIAGARA BONSAI SOCIETY

has a discussion on and display of bonsai containers, St. Mark's Church, Addison Hall, 41 Byron St., Niagara-on-the-Lake, at 1:30 p.m. For information e-mail niagarabonsai@gmail.com.

FEBRUARY 16

SPECIAL PORK LUNCH

at the Hungarian Hall, 363 Hollens Ave., Welland at 12:30 p.m. Vegetable soup, sauerkraut with pork, sausage, rice, sauerkraut, potatoes, salad, coffee, tea, dessert. Adults \$10, students (seven to 14) \$7. For tickets call: Anna at 905-735-0959, Eva at 905-734-3593 or Tibor at 905-735-6447.

AFTERNOON DANCE

at the Royal Canadian Legion Branch 4 banquet hall, 2 p.m. to 6 p.m. Entertainment by Jacqueline and Linda. Cost is \$5 per person and includes food, fun and more. Tickets are \$7 at the canteen or at the door.

FEBRUARY 18

WELLAND RIVER KEEPERS

Ministry of Natural Resources management biologist Anne Yagi and fish and wildlife technician Cathy Blott will meet with Welland River Keepers members at the Niagara Peninsula Conservation Authority offices, 1000 Lakeshore Thruway Rd., W., at 7 p.m. They will discuss their Niagara River Fish Community Report focusing on recommendations for habitat work on the Welland River, including discussion of possible impacts to habitat from changes in the height of the river fluctuation. The public is invited to attend and participate in the discussion.

POINT ABINO LIGHTSTATION

Preservation Society (PALPS) presents a night at Crystal Ridge Library, 89 Ridge Rd., St. Ridgeway. Guest speaker Patrick Little shares the history and restoration of the Port Dalhousie Lighthouse. Business 6:30 p.m. Refreshments 7:30 p.m. Guest speaker: 7:45 p.m. All welcome.

CARD MAKING WORKSHOP

Learn different techniques to make six cards suitable for a number of occasions, at Pelham Public Library, 10 a.m. to 12:30 p.m. Fee of \$10 includes most materials. Register ahead.

VHF MARINE RADIO COURSE

offered by Port Colborne Power and Salt Squadron, Feb. 18, 19 and 21, 7 p.m. to 9:30 p.m. at Church of Jesus Christ of Latter-day Saints, Welland, Cost \$75. Some pre-study required. Register at www.bootingcourses.ca.

FEBRUARY 19

WELLAND HORTICULTURAL

Society meets at Vermeer's Garden Centre, 684 South Pelham Rd., at 6:30 p.m. Floral arrangements to be made. Pre-registration for arrangements. For information call 905-735-5132.

FEBRUARY 20

LEGO

at Wainfleet Township Public

Library 6 p.m. to 7:30 p.m. Children of all ages can drop-in during this time to build a Lego or Duplo creation. Please do not bring your own Lego.

FEBRUARY 21

TRIVIA NIGHT FUNDRAISER

for Pelham Centre School, 6:30 p.m. at Old Pelham Town Hall, 491 Cambro Rd. Tickets are \$10 and include games, pizza and snacks. Also available: cash bar, 50/50 draw, silent auction, door prizes. Put together a team of eight for a fun night out.

FISH FRY

at the Royal Canadian Legion Branch 4 banquet hall, 4 p.m. to 7 p.m. Haddock, french fries, coleslaw and bun for \$9 a person.

FEBRUARY 22

WRITING WORKSHOP

with Larry Brown at Pelham Public Library. Bring your pen and lots of paper, or your laptop, and your enthusiasm. Suitable for beginners and more experienced writers. Brown, of Brantford, is the author of two story collections, *Talk* (Oberon Press 2009) and *Satellite* (ebook, Kobo Books 2012). This workshop costs \$30 and runs 10 a.m. to 3 p.m. Register in advance.

SOUPERIFIC TASTING

Receive your passport to sample eight soups from

around the world, at Central United Church, 12 Young St., Welland. Sittings at 11 a.m. and noon. Tickets are \$10 in support of Welland and Heritage Conservation Mutual Fund. Call 905-732-5337 for tickets; only 300 available.

CHANGE YOUR MIND

Change Your Life Workshop. Emotional Freedom Techniques is an energy tool to clear stress and anxiety, breaking free from negative thoughts and low self-esteem. Time 1:30 p.m. to 4:30 p.m. at Welland Community Wellness Complex, 145 Lincoln St. Cost \$20. Call 905-788-3216 to reserve a space.

PROGRESSIVE EUCHRE

hosted by Fonthill Lions at the Fonthill Lions Hall, 7 p.m., \$5 a person. Light meal served. Prizes.

FEBRUARY 24

ADULT BOOK CLUB

at Wainfleet Township Public Library at 6:30 p.m. This month's selection is Annie Freeman's *Fabulous Travelling Woman* by Kris Radish. To obtain a copy of the book, please register as a book club member.

PELHAM HORTICULTURAL

Society meets 7:30 p.m. at the Fonthill library. Tony Post, sales consultant at Valleybrook Gardens, speaks on new perennials for 2014.

HEARING CLINIC

Connect Hearing will be at Pelham Public Library giving free hearing screen and answering any questions. Free but please schedule your appointment ahead: 905-892-6068. Runs 10:30 a.m. to 1 p.m.

FEBRUARY 25

AFTER CANCER, NOW WHAT?

Cancer survivorship is a broad term that actually begins at diagnosis. It describes the physical, emotional and social needs that survivors face throughout their cancer journey. These challenges can affect mind, body and spirit. Join Lorriane Huley, a radiation therapist and health advocate from Niagara Health Partners, to learn about the challenges survivors face and the resources that are available to manage the "new normal" that takes place at Pelham Public Library at 6 p.m. Cost \$2. Register in advance.

FEBRUARY 26

THE BLIZZARD OF '77

Erno Rossi, author of *White Death: The Blizzard of '77*, evokes the triumph and tragedy of the regional weather history event of the 20th century. Stories of his personal stories during his 7 p.m. presentation at Dunnville Public Library. Admission is free, donations welcome. Reservations are required. E-mail dunnvilleheritage@gmail.com or call 905-701-8238.

DENNIS O'REILLY CONTRACTING AND CARPENTRY

Look no further to get professional results

- Remodeling the Niagara Region for the past decade
- Dedicated to providing the finest quality of service and materials for your dollar
- Written warranties

Always a fast, friendly and FREE estimate

"Don't settle on part time service"

Ph: 905-894-8599

Dennis O'Reilly
GENERAL CONTRACTING
"Honest from start to finish!"

- Bathrooms • Kitchens • Decks • Additions • Patios • Porches • Garages
- Free Estimates **905-894-8599** www.dennisoreillycontracting.com



classifiedextra.ca

Canada's largest and most trusted
print and online classifieds network

Place it on classifiedextra.ca

General Help Wanted

PORT COLBORNE AREA CARRIER ROUTES AVAILABLE

NO COLLECTING!
Call 905-732-2414 ext "0"

Building Supplies

STEEL BUILDINGS / METAL BUILDINGS UP TO 80% OFF!
30x40, 40x60, 50x60
60x100, 80x100 sell
for less than cost.
Call: 1-800-457-2206
www.crownsteelbuildings.ca

Produce/Food

DEVRIES FRUIT FARM
Fresh Hard Crispy Apples, Pears,
Apples & Apples!!
825 Caribou Rd. 1
Int. Hwy. 10, Port Colborne.
Call 905-692-5724
Closed Sunday

Miscellaneous

HOT TUB (SPA) COVERS.
Best Quality.
Best Quality.
All Shapes &
Colors Available.
Call 1-888-652-6837
www.thehotcove.com/newspaper

Real Estate Services

CANCEL YOUR TIMESHARE
NO RISK PROGRAM.
STOKE ON TRENT &
Maintenance Payments Today,
100% Satisfaction &
Guarantees. FREE:
Consultation. Call us
NOW! 1-800-356-8717
1-800-356-5249

Apartments

13TH MONTH FREE
Spacious 3 & 4 Bdrm
Town Homes
in peaceful complex
starting at \$850.
Call 905-634-6625
or 1-800-948-8665

2 BDRMS available.
Spacious & quiet
minutes from downtown.
Belconies, laundry
security entrance,
close to schools, park,
bus & shopping.
Starting at \$950.
575 CLARK AVE
Call 1-905-735-5748

General Help Wanted

Phone: 1-866-541-6757

Online: inportnews.classifiedextra.ca

Fax: 1-866-485-8461

Email: placeit@classifiedextra.ca

**ATTRACT NEW CUSTOMERS
TO FURTHER GROW
YOUR BUSINESS.**

**“ Advertisers
– Expand your
Marketing
Reach ,”**

**Roll-overs for print ads
to web and/or other
markets = tremendous
market exposure!**

**Contact our Multimedia
Marketing Specialist at
this paper!**



General Help Wanted

HOMEOWNERS NEED HELP?
Weekly Mailing
Companies Brochures
1/4 PG. \$100-\$125
Cash, \$500-\$1000
Dollars From Your Home
Company or Agent.
PTFT, No Experience
Required. Start
Immediately.
www.CanadianMatters.com

Astrology Psychic Consultants

TRUE PSYCHICS
For a free reading
Now 24/7. Tel FREE
1-877-542-3038
Mobile: 1-877-542-3038
www.truespsychics.ca

Adult Entertainment

LOCAL LOOK-UPS
BROWSE & FREE
1-866-428-6790
Mobile: 7-8785

HOT LOCAL CHAT
1-877-290-0553
Mobile: 7-8785

**Find Your Favorite
GIRL** 1-866-732-0070
1-866-544-0199

**LET'S ALL DO OUR PART!
PLEASE RECYCLE THIS NEWSPAPER!**



'MIRACLE MOLECULE' SUPERCHARGES CIRCULATION, PROMISING BETTER BLOOD PRESSURE, MENTAL CLARITY & STAMINA! AND INCREASED MENTAL CLARITY & STAMINA!

Are you concerned with high blood pressure or cholesterol, a lack of stamina and energy, dizziness or "senior moments"? The area of health without these health concerns has been discovered in what scientists are calling the most important health breakthrough of our time. The discovery starts with nitric oxide (N-O).

OVER 40 LOSING CRITICAL RESERVES

N-O is a natural substance produced by the body that has amazing effects on health and circulation. The American Heart Association published one of many studies showing that many people over 40 don't produce enough N-O. In fact, your body produces less than half of what it did at 20.

NOBEL PRIZE WINNING DISCOVERY

Three researchers received the prestigious Prize for this discovery. One of the winners says, "There may be no disease process where this miracle molecule does not have a protective role".

GOOD NEWS FOR BOOMERS!

Researchers reported that N-O helps with energy levels, blood pressure, cholesterol, joint discomfort, and assisted in strengthening the immune system.

Based on the research of Dr. Nathan S. Bryan, PhD, who lectures to doctors around the world about Nitric Oxide, Neogenix® Labs has created a revolutionary lozenge called Neo 40 daily, that makes it easy to restore N-O levels.

This "fast-dissolve" lozenge restores your N-O to youthful levels by dissolving within 90 seconds and begins to work immediately, which leads to better circulation, for many as little as 20 minutes.

BETTER CIRCULATION TO WHOLE BODY

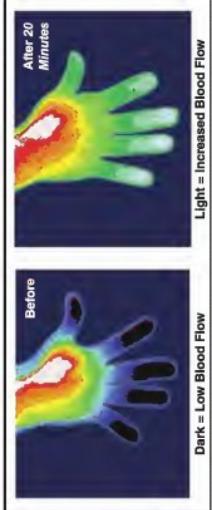
Better circulation helps increase stamina, maximizes metabolism, helps manage stress and maintains healthy sexual function. Healthy N-O levels also promote better blood pressure and cholesterol as a result of improved circulation to all major organs.

SURPRISE BENEFITS FOR MEN & WOMEN

"Adaptive amounts of Nitric Oxide insure sufficient amounts of blood to flow to the extremities, especially the penis, resulting in an erection. The same applies to women; without proper blood flow to the organs, organs are difficult," says Dr. Bryan. A boost in Nitric Oxide levels may equal increased sexual sensitivity for men and women.

Tammy from Ontario said, "The first night after my first dose I had improved circulation in my hands. I find the increased circulation is a definite benefit in the bedroom."

"We noticed a difference in my husband's erections" within a week. We can't believe how well it works," reports pleased wife Marion S. of New York.



Light = Increased Blood Flow
Dark = Low Blood Flow

Actual Thermographic Image of Hand showing circulation in hands before and after taking Neo 40 daily. On the Left, the fingers are almost black showing little blood flow. On the Right, lighter colored fingers show increased blood flow after only 20 minutes.

The natural chemistry between them generates Nitric Oxide when dissolved in the mouth. The result is increased oxygen delivery, improved vascular function, enhanced sexual function, and protection against free radicals.

BLOOD FLOW & OXYGEN

STARTING IN 2 MINUTES!
I recommend this lozenge because it helps the body restore N-O, which leads to healthy circulation; for most as little as 20 minutes," affirms Dr. Bryan. As a result, increased oxygen delivery, heightened immune function, improved cognitive function, and enhanced sexual enjoyment

Ronald D. TX explains, "The results were noticeable overnight! I had more energy, and was able to focus more readily."

BEET & BERRY COMBO BOOSTS N-O
Neo 40 daily proprietary blend of N-O boosting nutrients: amino acids, B vitamins, Vitamin C, and Magnesium are specially formulated with the patient pending combination of red beet and hawthorn berry.



Tanya & Ian Birrell
Owners of The Healthy Cupboard

CLINICALLY SHOWN TO HELP YOUR BODY:

- Reduce triglyceride levels (27% average in 30 days)
- Support healthy blood pressure
- Support cardiovascular and heart health

TWO LOCATIONS

FONTHILL • 111#20 EAST
(Across from Subway)

905 892.9054

PORT COLBREY • 101 CLARENCE ST.
(Across from Food Basics)

905 835.9806

\$5.00 OFF
NEO40 Daily

Valid until February 22nd, 2014

SIGN UP FOR OUR NEWSLETTER AT
www.thehealthycupboard.ca